



2nd.MD

easy access to leading doctors

GET ANSWERS FROM THE BEST IN MEDICINE.

Speak to a highly specialized doctor by video or phone when you have questions about:



A Current or New Diagnosis



Possible Surgery



Your Current Treatment Plan



Chronic Conditions



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Get Connected

Visit www.2nd.md or call **1.866.841.2575** to activate your membership and schedule a consultation.

Things to Remember

2nd.MD is **confidential, fast,** and **free** for employees and dependents enrolled in the medical plan.

Top physicians from:

- + Johns Hopkins
- + Dana-Farber Cancer Institute
- + Mayo Clinic
- + Cleveland Clinic
- + Harvard
- + And more...

Download the **2nd.MD** app today!



How 2nd.MD Works

Are you facing a new diagnosis or a possible surgery? Is your doctor struggling to diagnose or find solutions for your condition? Do you want confidence that you're on the right treatment path and medications?

1



CONTACT OUR CARE TEAM

To get started and speak directly with a nurse, contact us via:

- Online: www.2nd.md
- Phone: **1.866.841.2575**
- Email: careteam@2nd.md
- App: **2nd.MD** app on iTunes or Google Play

2



LET US TAKE CARE OF THE DETAILS

Our nurses provide caring, comprehensive service, including:

- Speaking with you to understand your condition
- Gathering your history and medical records
- Scheduling a consult with a highly specialized medical doctor from a top-ranked institution

3



TALK TO EXPERT DOCTORS

Speak directly with an elite doctor from a top medical institution:

- By video or phone
- At a time that works for you

Your family, friends or your treating physician can also participate in the consult if you wish.

4



RECEIVE ONGOING SUPPORT

After speaking with the doctor, you will receive a written summary of the consultation. Our nurse team will always be available to answer any questions after the consult.

Based on the information you learned during your conversation with a leading specialist, discuss your treatment options with your family and your current doctor.